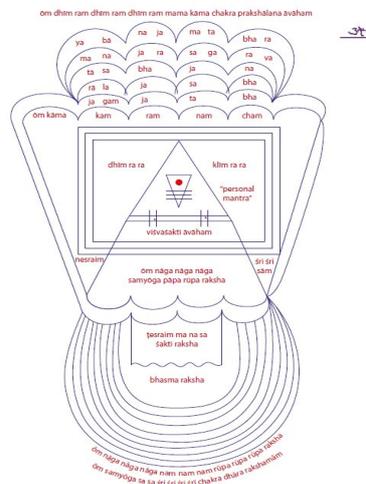


Sacred Womb Oils

A Journey to the Divine Mother

*The meaning of the Womb Mantra
and the connection with the Sacred Womb Oils*



*This booklet is written for everyone who feels called
to restore the connection with the Divine Mother.*

My Story

How the Womb Mantra Led Me to the Sacred Womb Oils

My journey with the Sacred Womb Oils — and the name I gave them — is inseparably connected to the Womb Mantra.

When I began my spiritual journey with oil in Glastonbury, England, with the sacred anointing oils, it felt as if an ancient memory was being activated. As if something that had been stored within me for a long time was rising back to the surface.

What happened next I can only describe as a kind of soulful inspiration.

I worked non-stop with oil. I bought books, took courses, and filled an entire cabinet with different oils. Something had awakened in me — a deep memory I could not ignore.

*I knew I had done this many times before on earth.
Working with oil. Anointing. Ceremony.*

This was not a new path I was taking. This was a return to something already deeply engraved in my soul. The oils were the key that opened a door to memories of many lifetimes.

Within a few weeks I was guided to Cyprus — to the temple of Aphrodite, to Aphrodite Beach.

There something happened that I cannot rationally explain.

On the beach I felt a strong impulse to go into the sea and swim to Aphrodite Rock — the rock that rises in the middle of the water. I swam there, held onto the rock while the sea moved around me... and there, in that moment, it seemed as if an enormous influx of information was flowing through me.

I could not yet decipher it. I could not yet place it. But I felt it was important.

When I felt I could let go, I swam back to the shore.

There came a clear inner instruction: I had to pick up a large white boulder — about thirty centimeters in size — and climb up with it to a cliff above the beach. I had to hold the stone in front of my womb. And there I had to start a ritual.

On the cliff I held the stone against my womb. I spoke an inner prayer to Venus and to the Divine Mother.

*What I received very strongly was this:
In time, everything will become clear.*

The project I had to bring into form would have everything to do with finding the way back to the Divine Mother. And in that I was allowed to take my responsibility.

At that moment I did not yet know this had anything to do with anointing oil. I only knew it was a mission.

After an intense prayer I felt the stone could be returned to the sea. From the cliff I let it fall back into the water.

When I came home, I wanted to resume one of my studies — a course on cosmic ascension sciences. I opened my computer to see what new lessons were available.

And there it was.

One of the new lessons being offered was about the ancient knowledge of the Womb Mantra — from Sri Kaleshwar. This Indian master had seen it as one of his life missions to bring back this ancient knowledge and decipher it for the modern world.

Every cell in my body felt that this was the key to my journey with the anointing oil.

At that moment I knew. This was one of the keys. This was one of the instructions.

And immediately I felt that the anointing oils had to be connected with the Divine Mother.

That was the beginning. That is why I gave the anointing oils the name **Sacred Womb Oils**.

Because the first mission was about restoring the connection with the womb. With the source. With the Mother.

It was about bringing ceremony and ritual back into daily life.

About finding the way back inside.

About remembering who you truly are.

My Experience with the Womb Mantra

For this process I found a photo that is of inestimable value to me: an image of my mother while she was pregnant with me. My father stood next to her, with his arm around her.

For me this was the most ideal photo to work with.

The goal of the first phase of this process is to energetically return to the womb — to restore contact with the Divine Mother from there. And what is more powerful than a photo where you are being carried in your mother's body?

Yet it was not easy in the beginning.

Not to burden you with my youth: it was difficult to bow before a photo of my mother. I really had to swallow. If there are still inner layers that need to be healed, it is not self-evident to just say: I am going to bow before my mother.

There were layers of irritation.

Layers of difference in opinion.

Layers of disagreeing with certain choices.

Layers of judgment.

That made it difficult.

And yet... this turned out to be one of the most transformative processes I have ever done.

Precisely by bowing daily before her photo, I went through a layer that I would not have easily broken through on my own. What felt heavy in theory became softer and softer in practice.

I made my mala.

I lit my candle.

I sang the mantra every day.

For twenty days.

After twenty days something special happened.

My mother called me. "Sweetheart, I need to talk to you."

We agreed to have lunch together, as we often do. But this time it was different.

During the conversation my mother suddenly took my hand. She looked deep into my eyes and said:

"Is there anything in your life that I can warmly apologize for? Is there anything that still bothers you about me, that we can talk about now? I think it is important that if I ever die, you do not stay with feelings like I still had with my mother."

At that moment something happened that I can hardly explain.

Everything I could ever have thought of — every thought, every judgment, every emotion — was integrated in a fraction of a second. Not suppressed. Not denied. But dissolved in the here and now.

Then she began to explain why she had made certain choices in certain periods. I gained insight.

That did not mean I suddenly agreed with everything. It did not mean everything was rationally approved. But it softened. And what softens, dissolves naturally.

The special thing is: my mother did not know that I sang the Womb Mantra for her every day. Yet within twenty days a deep healing took place.

I have a good relationship with my mother, we love each other, we understand each other and we always hug. This mantra made me look at my mother through a different lens. She must have felt this energetically, which is why she asked me to lunch.

I wish this for everyone, but you can only begin the Womb Mantra adventure if you feel the deep call to change your perspective on your physical mother — so that you can connect with the Divine Cosmic Mother.

If you do not want to see or break through this layer of resistance, then there is no point in starting this journey.

Everyone Has a Different Relationship

Everyone has a different relationship with their mother.

*Some have a loving, warm bond.
Others barely knew their mother.
Some are adopted.
Some mothers died early.
Some mothers hurt their children.
Some mothers abandoned their children.*

Anything could have happened.

But what this process is really about is restoring contact with the **True Mother**.

The Mother who carries everything. The Mother who made it possible for you to take form. Who brought the elements together in the womb of your physical mother:

*The earth element in your bones.
The water element in your blood.
The air element in your lungs.
The fire element in your life force.
The ether element in the space between your cells.*

So that your soul could descend.

The point is that you understand that we are in a conscious source of dynamic energy. Whatever name you give it — God, the universe, the Source, the Field — does not matter. But what does matter is that you restore contact with this source.

So that you — as consciousness, as spark of light, as eternal traveler — could find a home in matter. So that you could feel, taste, smell, touch and love. So that you could experience what it is to be human.

This is the miracle we so often forget: that your body is a temple, woven from stardust and earth, carried by a mother, nourished by a planet, ensouled by something greater than words can grasp.

Mother Earth made a place for you to live here. And Mother Earth is carried by the mother of this solar system. And that solar system is carried by the greater cosmic matrix.

Ultimately we speak of the Cosmic Mother. Some call her Shekina. Some Sophia. Some the Diamond Sun. Some Elaysa.

Words differ — the principle is one.

The Connection Between Heart and Womb

What I feel and believe is that your heart brings together 72,000 nadi points for the divine inhalation from the source fields. But this point is closely connected and goes directly to the gathering point in the womb for your exhalation — your creative power.

What may be born from this point? What does the soul want you to do? What does your gut feeling say? Where you may move towards.

It is an inhalation from the heart and an exhalation into the Womb Chakra — through which everything dissolves naturally in every time and dimension, once you can experience and embody this.

What is a Chakra?

Before we talk about the Womb Chakra, it is useful to know what a chakra actually is. Especially if this is new to you.

A chakra is a rotating energy point in your body.

You can see it as an invisible roundabout in your body that should ensure flow. Just as a roundabout lets traffic flow smoothly, a chakra ensures that energy can move smoothly through your body.

There is a chakra around your heart, around your genitals, your navel, your throat, your forehead, above your head and at your feet. These are just a few examples, because there are many more.

When your chakras work well:

- You rarely get sick
- You have sufficient energy
- You feel good in your skin
- Everything works as it should
- You are not troubled by old traumas
- You experience happiness in your life

When your chakras are blocked:

- You have difficulty standing firmly in your foundation
- You are easily overstimulated
- You feel listless or empty
- You have difficulty giving or receiving love
- You do not express what you really think
- You have no connection with yourself
- You are stuck in your life

The Seven Known Chakras

You have seven known chakras that run as a vertical line through your body, from the base of your spine to the crown of your head:

1. **Root Chakra** (at the bottom of your spine) — Safety, survival, grounding
2. **Sacral Chakra** (below your navel) — Emotions, creativity, sexuality
3. **Solar Plexus Chakra** (stomach area) — Self-confidence, willpower, self-worth
4. **Heart Chakra** (middle of your chest) — Love, compassion, connection
5. **Throat Chakra** (throat) — Communication, speaking truth, expression
6. **Third Eye** (forehead) — Intuition, insight, clarity
7. **Crown Chakra** (top of head) — Spiritual connection, consciousness

And Then There is the Womb Chakra...

According to Sri Kaleshwar's teachings, there is also a chakra right behind the womb. This is the Womb Chakra — the **gathering point** of all chakras.

Where all other chakras function as separate roundabouts, the Womb Chakra is like the central square where all roads meet.

This is the source you came from.

When this central point is clear, all other chakras can function better. When this point is blocked, it affects your entire system.

That is why working with the Womb Chakra is so powerful — you are not working on one aspect of yourself, but on the core where everything comes together.

What is the Womb Chakra?

The Womb Chakra is perhaps the most misunderstood energy center in our body. It is not the same as the second chakra (the sacral chakra), but a very own energy field that goes deeper.

The Womb Chakra is present in everyone — man and woman. In women right behind the womb. In men in the same energetic area. Because it is not about the physical organ, but about the energetic center.

This is the place where your soul descended when you incarnated. The place where your karmas are stored. The place where your deepest wounds are — but also your greatest power.

See the Womb Chakra as the house of your soul.

The Womb Chakra is an energy field. It exists in both women and men, and is located in the same place in both — in the womb area. The difference is that you may see this energetically, not physically. In men there is no physical womb, but the energetic center is definitely there.

What happens when the Womb Chakra is full? Just as a full computer becomes slow, your energy system can also become sluggish. You may experience:

- Blockages in your life that just won't resolve
- The feeling of being 'stuck'
- Repeating the same patterns over and over
- Difficulty manifesting what you want

The Womb Mantra is designed to clean this 'hard drive' — to release the old ballast so there is room again for new creation.

What is in the Womb Chakra?

- Your karmas — the energetic patterns from this life and previous lives
- Your emotional wounds — pain you have experienced but not fully processed
- Your creative power — the ability to manifest, create, give birth (not only physically, but also ideas, projects, dreams)
- Your sexual energy — the primal force of life energy
- Your connection with your mother line — the energy of all women before you
- Your connection with the Divine Mother — the source of all creation

The resting place of your soul

This is where your soul 'rests' between lives. It contains memories, patterns and experiences from all your lives.

As above, so below — macro and micro cosmos. So you have your own small version of that. Your Womb Chakra is like the 'baby' of the great cosmic womb.

Imagine your soul has a kind of hard drive on which everything is stored: your karmas (cause and effect from your actions), your kamas (your deepest desires), and all your experiences. This 'drive' is located in your Womb Chakra.

Why is the Womb Chakra So Important?

Sri Kaleshwar said: "The Womb Chakra is the baby of the Sri Chakra." The Sri Chakra is the sacred geometry of the Divine Mother — the 'map' of cosmic creation. And your Womb Chakra is directly

connected to it.

The entire universe is her womb. And your Womb Chakra is a child of that universal womb.

When your Womb Chakra is purified, you have access to:

- Deep inner peace
- Powerful manifestation
- Healing of old wounds
- Connection with the Divine Mother
- Your true life purpose

This is perhaps the most surprising truth of this process. In many spiritual traditions we learn to 'cut cords' and detach from our parents. But this teaching says the opposite:

*True power does not come from breaking the connection,
but by purifying it at the source.*

This portal works even if you are adopted and have never known your mother. Because ultimately the womb you came through is a representation of Mother Earth, which is connected to the Cosmic Mother.

This is our ultimate goal: to restore the connection with the Cosmic Mother.

In fact, your physical mother has nothing to do with this at all. In the best case, she had a desire — and that was to become a mother. But even if your physical mother had an accident that left her without consciousness and fell into a coma while pregnant with you — even then the Cosmic Mother, together with Mother Earth, could ensure that you as a soul could incarnate.

Your physical mother was a carrier. But the Cosmic Mother — the dynamic force of energy — worked through her.

This is not about your mother's personality. It is not about whether you get along well with each other. It is about the energetic portal through which you came into this world.

This connection also works if your mother has passed away. It is an energy field, not a physical presence.

You will first have to realize what a gift you have received from Mother Earth. Your body. All your cells. Everything you are made of. Only when you truly feel that — not just understand with your head, but feel in your whole being — can you develop respect for the Cosmic Mother.

This is the penny that must drop first.

I have sung all the mantras for you. Everything is ready. But now it is about your true motivation to walk this path.

The Five Elements

But First: The Elements

Your body is composed of five elements: earth, water, fire, air and ether. These are the same elements from which all creation is built.

When you balance the elements within yourself, you bring yourself into balance with the entire cosmos.

Let's make this very simple. No mystical language. Just clear.

Everything you touch, eat, breathe or drink comes from a combination of: earth, water, fire, air and ether. That's it. Nothing more.

You ARE those elements

Your body is not 'separate' from the earth. Your body IS earth — in a different form. You are literally a temporary composition of what this planet offers you.

Your bones, your flesh → earth

Your blood, your tears → water

Your body warmth, your digestion → fire

Your breath, your voice → air

The space in your cells, your thoughts → ether

Everything on earth — and in our entire universe — is made up of these elements. In ancient times our ancestors knew this. They knew exactly which rituals they had to perform to have contact with these elements. They lived with them. We have lost that.

What Happens When You Forget This?

If you forget that your body is made up of the elements of this earth, you start living as if you are separate from nature. Because otherwise you start living as if you are just a head with thoughts. But you are a living ecosystem.

When you get to know the elements:

- You feel faster what is out of balance
- You gain respect for the earth
- You understand how your body works with nature
- You can better care for yourself

And that 'remembering who you are' that spiritual traditions often speak of? That doesn't start cosmically. It starts here: with the elements in your body.

Earth (Prithvi)

The earth element gives you grounding, stability and strength. It connects you with Mother Earth. When your earth element is strong, you feel solid in your foundation, you can take good care of yourself, and you have a healthy body.

Water (Jala)

The water element stands for emotions, purification and flow. Water cleanses and heals. When your water element is in balance, your emotions can flow freely without overwhelming you.

Fire (Agni)

The fire element brings transformation, willpower and digestion. Fire burns the old so that the new can arise. When your fire element is strong, you have the power to transform and persevere.

Air (Vayu)

The air element stands for movement, breath and freedom. Air connects everything with everything. When your air element is in balance, you can breathe freely, think clearly and move freely through life.

Ether (Akasha)

The ether element is the space in which everything exists. It is the subtlest element — the space of pure potential. Ether connects you with the infinite.

But it starts here. On earth. In your body. With what you eat, drink, breathe and feel.

You needed an egg cell and a seed cell to connect yourself as a soul. This egg cell essentially contained all stem cells with all the elements to build your body.

You first had to attach to these cells that formed the embryo. And only then could you really make good contact with the womb — the womb that called you, welcomed you and carried you.

You have temporarily borrowed this body from Mother Earth. It is formed according to your soul qualities, past lives, origin, and much more. It is no coincidence how you look or where you were born — it is a reflection of your soul and her journey.

And from there we open the portal to the Cosmic Mother. That is what the Womb Mantra is about. Not as a trick. Not as a quick fix. But as a sacred practice that brings you back to your core. To the place where your soul rests. To the source from which you came.

In ancient times our ancestors knew this. They knew exactly which rituals they had to perform to have contact with these elements. They lived with them. We have lost that.

But it starts here. On earth. In your body. With what you eat, drink, breathe and feel.



The 101-Day Process

The Womb Chakra process is a journey of 101 days. It sounds long, but it is an investment in the deepest healing you can do.

The 101-day process begins with a choice: which element mantra do you want to do? Earth or fire? You do this element mantra first for at least 7 days. Only then can you start with the Womb Mantra.

If it feels right, you can then choose another element for 41 days. And another 41 days after that. My own experience was that I was already doing it anyway, so I went through all the elements in 6 months.

These mantras are eager to work with you. I have sung them for you and placed them on the channel, with a PDF for more information.

Because remember: you can never have inner contact with Mother if you do not invest in the elements from which she built your body.

The Element Mantras

Earth Element: Om Bhu Bhuvaha

Fire Element: Om Maha

Water Element: Om Bhuvaha

Air Element: Om Maha Tapaha

Ether Element: Om Janaha

Each element mantra has its own energy and effect. By working through the elements, you prepare your body and energy system for the deeper work of the Womb Mantra.

What You Need:

- Sacred Womb Oil (anointing oil)
- A mala (prayer beads with 108 beads)
- Pen and paper for drawing the Yantra (womb drawing)
- Candles for the fire element
- A journal for your notes
- A photo of your mother (preferably when she was pregnant with you)
- A quiet place where you can sit undisturbed

Important to Know

Never use black ink for drawing the Yantra (womb drawing). Sri Kaleshwar was very clear about this. Use red, blue or green.

Anointing with Oil

Before I sing the mantra, I first anoint myself with oil. This strengthens the bridge between Mother and myself. Everything that comes to me during this session are messages that lead somewhere.

I choose the oil that is connected to the mantra element. So if I choose the fire element mantra, I choose my Womb Oil that is activated with the fire element. If I choose the earth element, I choose the oil that is

initiated with the earth element.

You can also anoint your mala with the same oil. This strengthens the intention of your practice and connects the power of the oil with the power of your mala.

The Core Mantra:

OM HREEM SHREEM KLEEM PARAMESHWARI SWAHA

You sing this mantra 108 times a day (one complete mala) for 101 days.

The Phases of the Process:

Phase 1: Connection with your mother (at least 21 days)

- Place a photo of your mother in your sacred space
- Bow your head to the ground as a sign of respect
- Speak the words: "I forgive you. Please forgive me. Thank you for carrying me under your heart for 9 months."
- Visualize yourself in your mother's womb

Phase 2: Ancestral connection

- Extend the visualization to your grandmother
- Go further back through the mother line
- Connect with the core of Mother Earth

Phase 3: Purification

- Write a list of everyone with whom you have shared sexual energy
- Write a list of heartache — who hurt you, who you hurt
- Burn these lists in a fire ceremony

Phase 4: Deeper work

- Work with attachments and addictions
- Address fears and traumas
- Integrate everything into the Womb Chakra with the power of your mind and visualization

Visualize that you are here now and carrying yourself with the Cosmic Mother. All external influences no longer affect you. You are literally overwriting the 4 stem cells of your father and the 4 stem cells of your mother.

You are whole. You are powerful. You are carried by love.

What to Expect During the Process

It may seem long: singing mantra for 101 days. And yes — you go through phases.

- Phases where you may feel like hugging your physical mother, while you never did before
- Phases where it becomes softer in you
- Phases where more women seek contact with you — like your daughter, girlfriend, or others
- Maybe you feel restless or feel like you want to make circles with your upper body
- This is energy coming through you
- Maybe you get hot flashes in the middle of the night — this is cleansing

What if You Forget a Day?

According to Sri Kaleshwar, you must start over if you forgot to sing the Womb Mantra for a day — because you have broken the line.

I myself did not do this. It has happened that I could not make time to sing the mantra for a day. I keep in mind what the essence of Sri Kaleshwar's words is — I feel and understand this.

Yet it was a process for me to step out of dogma and taboo and feel that I did something wrong. This is a remnant from the Piscean Age that we may step away from, in my opinion, and may let go.

The Aquarian Age or the new Yuga is freer and more connected with Source — God is within us and not outside us.

The words of Sri Kaleshwar give me discipline and strength not to break the line. But I am forgiving if it has unintentionally happened to me. Often I then do it 2 times the next day, or I still sing it in the middle of the night.

Again: this is my interpretation.

It may seem long: singing mantra for 101 days. And yes — you go through phases. Phases where you may feel like hugging your physical mother, while you never did before. Phases where it becomes softer in you. Phases where more women seek contact with you — like your daughter, girlfriend, or others.

Maybe you feel restless or feel like you want to make circles with your upper body. This is energy coming through you. Maybe you get hot flashes in the middle of the night. This is cleansing.

What the Womb Chakra Process Can Bring

Emotional Healing

- Processing of old pain and trauma
- Release of suppressed emotions
- More inner peace and tranquility
- Better able to handle difficult feelings

Transformation in Relationships

- Deeper soul-to-soul connections
- Purification of old relationship patterns
- Breaking through repetitive dynamics
- Better able to receive and give love

Healing of the Mother Line

- Restoration of the bond with your mother
- Purification of ancestral patterns
- Connection with your entire mother line to the first womb
- Reconnection with Mother Earth

Healing of Sexual Trauma

From the yoga tradition, sexual trauma is seen as a sign that there was a lot of vulnerability in the Womb Chakra — also called *tamas*, or too little energy. A person with too much distorted energy — also called *rajas* — is therefore attracted like a magnet.

That is why it is very important that you develop a strong Womb Chakra — to purify this and repel it, so that these people are no longer attracted to you.

- Healing of stored pain in the Womb Chakra
- Releasing old sexual experiences
- Restoration of your connection with your own body
- Purification of energy that is not yours
- Developing a strong Womb Chakra as protection

Energetic Purification

- Release of stored karmas
- Releasing stuck energy
- Removing blockages that prevent manifestation

Spiritual Growth

- Stronger connection with the Divine Mother
- Awakening of feminine energy
- Alignment with your soul's destiny
- Deeper inner peace

Practical Tips for Your Journey

Make Your Own Mala

A mala is a necklace that you charge with your song and intention. It becomes a power object, because you will experience deep healing — and this necklace symbolizes that. Each bead receives a special charge of your energy.

Make a mala that means a lot to you. Choose beads that touch you, colors that resonate, materials that appeal to you. This becomes your personal power object.

Why 108 Beads?

A mala traditionally has 108 beads. This number is not random — it is a sacred number in many traditions.

There are 108 energy channels (nadis) that come together in the heart. By singing a mantra 108 times, your entire body and energy body become permeated with the energy of the mantra.

But there is more: the diameter of the sun is 108 times the diameter of the earth. The distance from the sun to the earth is 108 times the diameter of the sun. The same applies to the moon.

In the number 108, the 1 stands for God or the Source, the 0 for emptiness or perfection in spiritual practice, and the 8 for eternity.

A full round with your mala is a symbolic journey from earth to heaven — from ordinary consciousness to higher consciousness.

Besides the 108 beads, a mala also has a guru bead. 'Gu' means darkness and 'Ru' means light. The guru bead is like the light that removes the darkness. This bead marks the beginning and end point of your mala.

Why Not Your Index Finger?

That is why no one else should touch your mala. And it is important that your index finger does not touch the mala.

With your index finger you point at something. Pointing represents enormous power. Imagine someone pointing at you while talking to others. What happens in your body and your energetic system? It gets upset and thinks all sorts of things — often negative — because people are pointing at you.

This is the power of an index finger. That is why yogis do not touch their mala with their index finger, because it disturbs the power you chant into your mala — and often erases it.

Usually they touch their mala with their thumb and middle finger. Feel for yourself what works best for you.

About the Photo of Your Mother

If you do not have a photo of your mother, take an object that represents her. That is also sufficient — because ultimately it is not about your physical mother.

Your Notes Are Extremely Important

This is the process you write off. Very important. But also important: that you burn it one day.

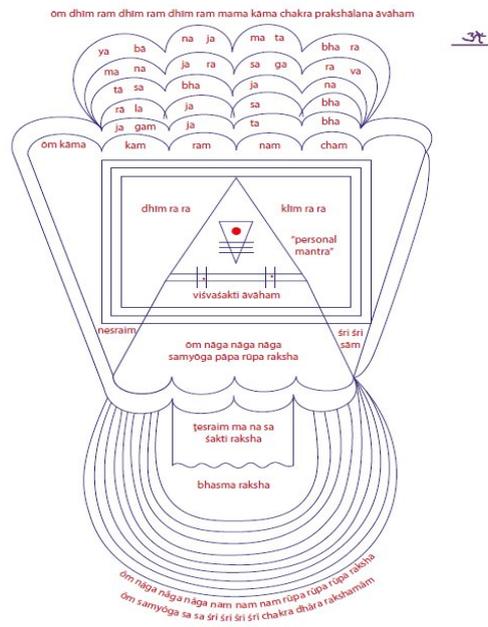
Pen and Paper for the Yantra

Make sure you have pen and paper for drawing the Yantra (womb drawing). Never use black ink — choose red, blue or green.

The Womb Chakra Yantra (Womb Drawing)

The Womb Chakra Yantra (womb drawing) is a sacred drawing that Sri Kaleshwar left behind. It is a visual 'map' of the Cosmic Mother — sacred geometry that represents her energy.

The Womb Chakra Yantra — drawn by Sri Kaleshwar



The Meaning of the Yantra

In the middle you see a dot — the Nada Bindu. This is the creation point, the door between the visible and invisible. All creation comes from this dot and returns to this dot.

The triangles represent the masculine and feminine energy — Shiva and Shakti — in their eternal dance of creation. The downward triangles are the feminine energy (Shakti), the upward ones are the masculine energy (Shiva).

The lotus petals contain bijaksharas — seed sounds. But what are seed sounds?

What Are Seed Sounds (Bijaksharas)?

A seed sound is a sacred syllable that carries a specific energy. Think of a seed: in a small seed a whole tree is hidden. Similarly, in a single sound a whole energy is hidden.

Examples of seed sounds are: Om, Hreem, Klim, Aim, Shreem. Each seed sound opens a specific door to a specific energy.

A Simple Way to Understand This

A scientist would say: everything you see is made up of atoms. And those atoms vibrate — they have a frequency, a 'sound'. Everything that exists has a blueprint, a code from which it is built.

The ancient sages discovered the same thing, but from a different perspective. They discovered that everything that exists — visible and invisible — comes from vibrations. And those vibrations can be expressed as sounds.

The inner energy of the Divine Mother is in the lotus petals with the seed sounds. These are vibrations of cosmic energy. From this energy comes everything you can see here on earth — and what you cannot see.

Never forget: the vibration of these sounds is hidden in everything. In the trees, in the water, in your body, in your thoughts. Everything is vibration. And by chanting certain sounds, you attune yourself to certain vibrations.

It is like tuning a radio to a station. The station is always there — but only when you choose the right frequency can you receive it. This is how mantras work too: they attune you to the frequency of the energy you want to receive.

The Sri Chakra — the Universal Womb

To understand the lotus petals, you must first know what the Sri Chakra is. The Sri Chakra is the house of the Divine Mother — the Universal Womb from which everything comes.

The entire universe is Her womb.

Your Womb Chakra is therefore a child of this Universal Womb. The bijaksharas that are in the Sri Chakra lotus petals are also present in the Womb Chakra Yantra (womb drawing).

The Sounds on the Lotus Petals

The five top rows of the lotus petals you read from left to right, from top to bottom. You do not read the bottom row. You then read:

Ya Ma Ta Ra Ja Ba Na Sa La Gam

Na Ja Ba Ja Ja Ja Ra

Ma Sa Ja Sa Ta Ta Ga

Sa Bha Ra Na Ma Ya Va

Bha Ra Na Bha Bha Ra Va

These are the seeds from which all mantras are built. They hold the most power within creation. You can create any mantra with them.

For example: 'Ya Ma' means death, but 'Ma Ya' means life or illusion. So you can play with words when you know them.

The sounds are channels that become stronger the more you use them. This makes it easier to connect with energy and learn how to master it. If you look at Yeshua (Jesus) — he had total mastery over the elements and the channels of energy to perform miracles.

Knowing What You Want to Create

If you can tap into this divine energy and draw it to you, you must know what you want to do with it. Otherwise it is useless. It is the same as putting many solar panels on your house and a windmill in your garden — but you use none of this generated energy and you give nothing back to the grid operator. Then it is useless to generate so much.

You can heal and manifest things with this energy — that is creating from a purified Womb Chakra.

Dhim Ra Ra — Healing Energy

On the left in the yantra (womb drawing) you see 'Dhim Ra Ra'. This is an exercise you can do after chanting the Womb Mantra.

Radiant Womb, Radiant Womb, Radiant Womb — I am here to purify and cleanse myself.

Dhim Ra Ra has a healing energy and helps us solve problems — physical or relational. You want to pronounce the sounds long, like you also pronounce the sound 'Om'.

Klim Ra Ra — Clearing and Releasing

On the right in the yantra (womb drawing) you see 'Klim Ra Ra'. With Klim Ra Ra you can erase or remove things:

- Erase heartache
- Release old desires
- Erase old relationships
- Remove seals (energetic seals)
- Step outside your body
- Trance journeys

'Ra Ra' means: more, more — abundance.

Vishva Shakti Avaham — Receiving Universal Power

'Vishva Shakti Avaham' means: receiving universal power. This is a powerful mantra that you can do often to receive energy.

The Bottom Row of Lotus Petals — Om Kam Nam Ram Sham

Om Kam Nam Ram Sham

You can use these sounds to charge energy when you are pregnant (for the baby), or if you want to become pregnant. But it is not just about pregnancy — it simply makes your Womb Chakra very strong.

You create a light field around your Womb Chakra. This is called 'illuminating' — you can pick this up later when you are further in your Womb process.

Siddhis — Mastery Over the Elements

At the bottom of the yantra (womb drawing) are siddhis — supernatural abilities. This is to gain mastery over the elements, like Jesus had. It protects you, ensures you are devoted, and makes contact with the kundalini. It creates 'white magic' — it opens channels.

Om Naga Naga Nam Nam Nam Rupa Rupa Rupa Raksha

With this you can charge things. It strengthens the power in stones, oil or objects. You can sing it to bring the power into it.

Om Naga Naga Naga Samyoga Papa Rupa Raksha

Blessing the Yantra (Womb Drawing)

When Sri Kaleshwar was still alive, his students brought the yantras (womb drawings) to him for his blessing. When asked what students should do after his mahasamadhi, he said:

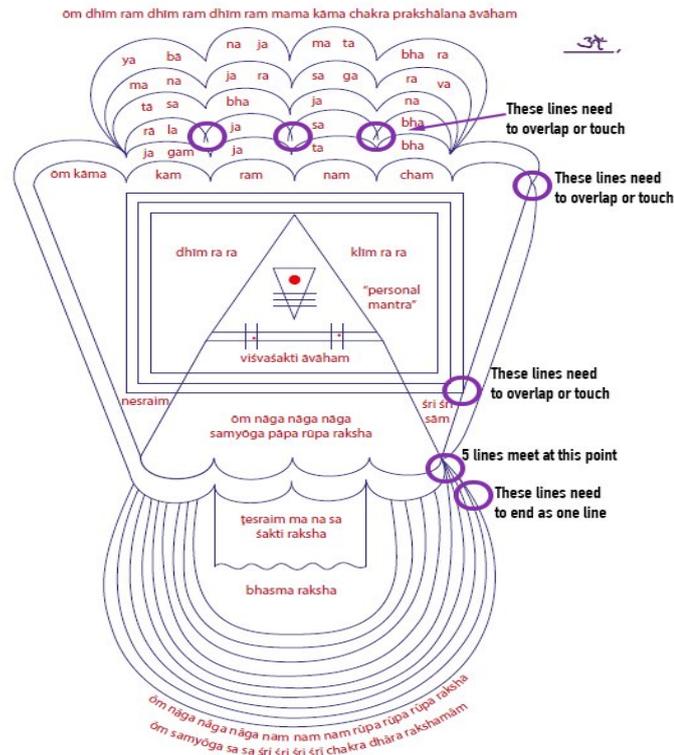
"If I am still here, still come to me. After that it is okay, just continue."

Now students can charge their yantras (womb drawings) at a fire ceremony in their own country.

I started using the Sacred Womb Oil as a tool to bless the yantra (womb drawing) — just as Sri Kaleshwar did with his energy.

How to Draw the Yantra (Womb Drawing)

The Womb Chakra Yantra with drawing instructions — note the points where lines must touch



There are a few important points to pay attention to when drawing:

1. Never use black ink

Sri Kaleshwar was very clear about this. Use red, blue or green to draw.

2. Start where you want

Nothing has been said about where to start. You are free to start where you want.

3. Symmetry does not matter

It does not matter whether you do it symmetrically or not. It is about the intention and the process, not perfection.

4. Drawing is a mechanics

There is a deeper meaning behind drawing. While you draw, you can keep chanting and visualizing what you want to create or release.

5. Be free

Furthermore, be free to draw it as you want. It is your connection with the Mother.

What I did myself: buy tracing paper and trace the Womb Yantra (womb drawing). This way you learn the shape before you draw it yourself. Drawing takes about 5 minutes.

After drawing I anoint the yantra (womb drawing) with a fingerprint of my oil in the middle of the drawing, on the dot — the Nada Bindu. I seal my connection with this before I burn it.

By anointing the yantra (womb drawing) with the Sacred Womb Oil, I connect the power of the oil with the power of the drawing. Just as Sri Kaleshwar blessed his yantras with his energy, I now bless the womb drawings with the oil — as a bridge to the Cosmic Mother.

The Full Moon Practice

After the 101-day process there is something else important: the full moon practice. This is Sri Kaleshwar's advice to maintain yourself.

Personally I would do it on the 2 equinoxes and 2 solstices, or connect with Venus — as I already do during every Womb Oil ceremony.

Equinox and Solstice — Clear and Simple

Equinox (2x per year)

These are the moments when day and night are approximately equal in length.

- Around March 20 (spring equinox)
- Around September 22/23 (autumn equinox)

The sun is then exactly above the equator. Everywhere on earth it is almost 12 hours light and 12 hours dark. That is true balance energy.

Solstice (2x per year)

These are the extremes in light.

- Around June 21 (longest day — summer solstice)
- Around December 21 (shortest day — winter solstice)

Understanding the Moon

The moon is part of this earth. She is responsible for the water here on earth and in our body.

There has been much disturbance on earth, causing the moon to no longer be in our consciousness what it once was for our ancestors. Venus is the highest octave of the moon and tries to influence her purely.

But as the enlightened master Djwhal Khul said: the moon is a dead planet. She has no energy of her own, but feeds on energy from other planets or plasma fields that carry a certain charge or atmosphere.

If we want to involve the moon in ceremonies, my advice is to have the intention that she comes in her purest form — without the disturbance she attracts and emits as a satellite.

Just as with the elements, we may understand what she means and wants to tell. But do not let yourself be driven crazy by the emotions she can cause in us.

Note: purifying with the moon only happens if you set this intention — that you are connected with the highest essence of the moon, without disturbances.

What You Do on the Full Moon:

- Place a candle in front of you
- Draw the Womb Chakra Yantra (womb drawing)
- Write your personal mantra under Klim Ra Ra (right)
- Chant the Womb Mantra 108 times (one mala)
- Burn the yantra (womb drawing) in the fire

You can chant the mantra while drawing the yantra (womb drawing). Drawing takes about 5 minutes. Chanting takes 15-20 minutes.

You can do this at any time during the full moon day, or during the three days of the full moon.

Why the Full Moon?

The full moon has a special energy that opens your consciousness and strengthens your Womb Chakra.

Sri Kaleshwar said: "Every full moon draw and burn the Womb Chakra yantra (womb drawing). This is not for six months or two years. This is for the rest of your life."

By doing this every full moon, it is like taking a shower for your soul. You purify your Womb Chakra of everything that has accumulated.

What you can expect:

"You will see the difference within six months." — Sri Kaleshwar

When your Womb Chakra is strong enough, many healing abilities and miraculous capacities will grow in you.

Practical tip: anointing on the full moon

On the full moon you can anoint yourself and the yantra (womb drawing) with the Sacred Womb Oil before you begin. This strengthens the bridge to the Cosmic Mother at this powerful moment.

This is also a good time to burn a list — things you want to release, or people with whom you want to cut energetic cords.

The full moon practice is your lifelong connection with the Divine Mother. Treat it as a sacred appointment.



The Womb Oils as a Bridge

The Sacred Womb Oils are inseparably connected to the Womb Mantra through my journey. That is why I sing the Womb Mantra in every ceremony. Not as an addition. Not as decoration. But as essence.

The oils and the mantra carry the same intention:

restoring the connection with the Divine Mother.

Perhaps you are reading this and something small is happening in you. A thought. A subtle recognition. A quiet curiosity.

Perhaps you feel: this mantra touches me. Perhaps you even feel: I want to learn this.

If so, you may know that this is no coincidence.

Then the Divine Mother is already working with you. Then she is trying to reach you — through the oil, through the ritual, through the sound.

The Womb Oils are not a product.

They are a bridge.

A bridge back to ceremony.

Back to prayer.

Back to ritual.

Back inside.

In a time when we are so outwardly focused, restoring the inner connection is more urgent than ever.

That is why the Womb Oils play a role in this time. And that is why ceremony may once again have a place in our lives.

Not as something old. But as something living.

May these words plant a seed.

May the Divine Mother guide you on your path.

More Information

Would you like to learn more about the Womb Chakra process and the teachings of Sri Kaleshwar? Visit the official website where you can find personal lessons and certified instructors:

www.srikaleshwar.org



Acknowledgments

My gratitude is great for these teachings. Thanks to Sri Kaleshwar for passing on this sacred knowledge. Thanks to the Divine Mother for her infinite love and patience.

And thanks to my beloved teacher from Soulbasedlife369, who guided me through this knowledge and helped me apply it. I am very grateful to her.

And thanks to you, the reader, for your openness to begin this journey.



Glossary

Here you will find simple explanations of the most important terms.

Womb Chakra

The energy center that is the resting place of your soul. It contains your memories, desires and karmas from all your lives. It is like a 'baby' of the great cosmic womb of the Divine Mother.

Karma

Cause and effect. Energy that arises from unconscious actions and that accumulates in your Womb Chakra. Not all karma is negative — good deeds also build karma.

Kama

Desire. The spark that sets creation in motion. Desires can be pure (in line with divine laws) or distorted (arising from pain or fear). The Womb Mantra purifies distorted desires.

Mantra

Sacred sounds that you repeat. Mantras are keys that open certain energy fields. Through repetition you build power.

Mala

A prayer necklace with 108 beads plus one counting bead. You use it to count your mantras. A mala becomes more powerful the more you work with it.

Shakti

Pure life energy. The active, feminine force of creation. Shakti is the Divine Mother in motion.

Maya

The illusion. The veil that makes us think that the physical world is all there is. Maya is not bad — it is a school for the soul.

Divine Mother / Mother Divine

The cosmic mother. The source from which all life, energy and soul power arises. She has many names: Shakti, Sophia, Shekina, Kali, Mary, Pachamama, and much more.

Sri Chakra

The house of the Divine Mother — the Universal Womb from which everything comes. The entire universe is Her womb. Your Womb Chakra is a 'baby' of the Sri Chakra.

Nada Bindu

The spark point of creation. The door between the visible and invisible. You see this as the dot in the middle of yantras (womb drawings).

Yantra (Womb Drawing)

Sacred geometry. A visual 'map' of an energy field. Yantras (womb drawings) work together with mantras to activate powers.

Bijakshara

Seed sound. A sacred syllable that carries a specific energy. The bijaksharas are the building blocks of all mantras and prayers.



Disclaimer

This guide is written from my personal experience and study of the teachings of Sri Kaleshwar. It is intended as spiritual support and information — not as medical advice.

The Womb Chakra process is a powerful spiritual practice that can bring deep healing. But it is not a replacement for professional medical or psychological help.

Important:

- If you have physical complaints, always consult a doctor.
- If you have psychological complaints, seek professional help.
- Spiritual practices work best as a supplement to — not as a replacement for — regular care.
- Everyone is responsible for their own well-being and choices.

The results of spiritual practices vary per person. What works for one may work differently for another. Be patient with yourself and listen to your own body and intuition.

By using this guide, you accept that the author bears no liability for any consequences of applying the practices described herein. You use this information at your own responsibility.

With love and respect for your journey,



Sacred Womb Oils

A Journey to the Divine Mother

